

Life Enrichment Center

Adult Day Care and Health Service

704.484.0405 (Shelby) 704.739.4858 (Kings Mountain)

www.lifeenrichmentcenter.org

July 2011

***Is your
dad
getting
worse?***

**WHO
CAN
HELP?**

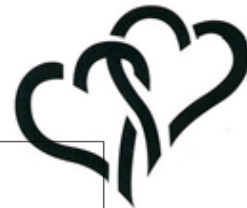
*Call
Life
Enrichment
Center
We've been
enhancing lives
for 31 years*

Life Enrichment Center program assistant Laura Bowling poses with Lonnie Boyce on Prom Day at LEC.

Free trial visit for adults of all ages
704.739.4858 in Kings Mountain 704.484.0405 in Shelby

Life Enrichment Center.. for more than 30 years doing "Whatever It Takes" to help families keep adult loved ones at home and in the community

Thank you to the many **Caring Hearts**
giving to the Life Enrichment Center 2011 Annual Appeal



Platinum - Gary & Rebecca Harden

Gold

Mary & Talmadge Turner
in celebration of their 50th Wedding Anniversary



Silver

Robert & Candy Arey
Dr. & Mrs. Frank Bonner



Bronze

Wiley & Sue Allen
Jim & Yvonne Beam
Janet Berry
in memory
of Sally Hamrick
Dr. & Mrs. John Billinsky
Dick & Josie Bowles
Mike & Kim Bridges
Rodney & Marsha Brown
Tom & Faye Burton
Dennis & Wanda Conner
Adelaide & Dick Craver
Newton & Kendalyn Craver
Steve & Hilda Dalton
in memory
of Lois Cabiness
Robin Fichter
Pete Gilbert
Ray & Darlene Gravett
Max & Jane Hamrick
Wade Hendricks
Hill & Carole Ann Hudson
Robert Jones
in honor
of Betty Jones
Jerry & Jane King
Mabel & Morris Lacey

Ann Lancaster
in honor of Kitty Hoyle
Beth Lattimore
Becky S. Ledford
in honor of Doris Street
Gene LeGrand
Leroy Leonhardt
in memory
of Carole Leonhardt
Louise Melton
Don & Marianne Miller
Ellis Monroe
Joe & Jodi Morgan
Ali & Peggy Paksoy
Patsy Palmer
Ed & Edna Patterson
in honor of Erin Crow
Bobby Pearson, Sr.
Bill & Phyllis Plowden
Jo Ann & Ace Richards
Gary & Linda Ritchie
J.T. & Jo Scruggs
Mitchell & Glenda Self
Anne Shaw
Punch & Nancy Smith
Paul & Jane Szymborski
in memory of Charles
Hendrick's birthday
Thomas A. Tate
Anne & Jim Taylor
Patricia & David Wilkison
Speed & Hilda Williams



Other

Helen C. Barrow
in honor of Lizzie Hopper
Mr. & Mrs. Calvin Blalock
Mal & Shirley Brutko
Tom & Barbara Crider
Steve & Kathy Davis
Dianne Garner
Wayne & Robin Hendrick
Grady Howard
Betty Kendrick
Lynn & Frank Ledford
Travis Mangum
Jake McSwain
Mike & Phillis Robinson
Jim & Patsy Rose
in memory of John Rose
Marie Wellmon
Theodore & Ruth Woolsey



In memory...

The following have been remembered by a gift to Life Enrichment:

Darrell McCurry by
 The Dale Costner Family
 Cindy Martin
 Vice President for Operations
 Finance & Controllers Offices
 at Gardner-Webb University

Mary Fryar
 by John & Linda Cabiness

Walter & Beatrice Davis
 by Beth Gold Hafer

Lillian M. Stroud
 by Doug & Steve Stroud

In honor...

The following have been honored with a gift to Life Enrichment :

Carl & Carolyn DeBrew
on their 50th wedding anniversary
 by Robert & Ann Kendrick

Popsicles - a hot day treat

The ladies seemed to have chosen their popsicles to match their blouses: Nell, above; Maggie, near right; and Virginia, right. Every day at Life Enrichment Center has its own special treats. There is variety in activities, music, food, (including snacks), exercise routines. No two days are alike. That's the fun.

Give a gift that benefits families in this community...

Memorials, Honoraria, and Gifts

I want to support the work of the Life Enrichment Center...

By becoming a:

- Friend \$25-\$100
- Supporter \$101-\$500
- Sponsor \$501-\$1,000
- Patron \$1,001-\$2,500
- Benefactor \$2,501-\$4,999
- Major Benefactor \$5,000 +

Name _____

Address _____

City _____ State _____ Zip _____

In memory of _____

In honor of _____

Send a notice to: _____

Address _____

City _____ State _____ Zip _____

Make checks payable to:

*Life Enrichment Center
 110 Life Enrichment Blvd., Shelby, NC 28150*

You can also use your credit card.

Visa/ MC (Circle one)



Card No. _____ Expiration Date _____

Amount _____ Signature _____

JULY



Activity Highlights 2011

<p><i>Dates to remember</i> Monday, July 4 - Life Enrichment will be closed Tuesday, July 5 - Family caregiver group meets, details page 8 Tuesday, July 19 - Family caregiver group meets, details page 8</p>				<p>Wear Red Day! ♦Rev. Charles Rudisill Leads Devotions ♦LEC People's Court ♦Scott McKinney Spreads Blue Devil Fever</p>  <p>Stuffed Baked Potato- Broccoli- Yogurt</p>
<p><i>Life Enrichment Center is closed</i></p> 	<p>5 Tuesday ♦Judy Whisnant & Linda Wilson Salute America ♦Sunday School with Rev. Jerry Welch ♦Shagging with Floyd Davis & Loretta <i>Pizza Supreme-Tossed Salad-Pumpkin Pie</i></p>	<p>6 Wednesday ♦Shirley Wright & Carolina Singers & Dancers ♦Linda Robinson Leads Patriotic Favorites ♦Vacation BiFolkals <i>We're Cooking</i></p>	<p>7 Thursday ♦Ruth Bailey Presents Piano Concert ♦Men Shoot Pool ♦Musical Inspiration with Dr. Sherlene Womack <i>Chicken Tenders-Scalloped Potatoes-Succotash-Roll-Coconut Cake</i></p>	<p>8 Friday ♦Bingo with Greater Cleveland County Baptist Association Youth ♦Patriotic Songs with Youth Group ♦Johnny Owens & Friends Visit <i>Cheeseburger on Wheat-Lettuce & Tomato-Tater Gems-Vanilla Pudding</i></p>
<p>11 Monday ♦Music with Mabel Hardin & Gay Jolley ♦Piano Favorites with Dr. Sherlene Womack ♦Play Balloon Volley <i>Ham & Cheese on Wheat-Potato Chips-Lettuce & Tomato-Congeaed Fruit</i></p>	<p>12 Tuesday ♦Prime Timers of Calvary Baptist Church ♦Sunday School with Rev. Jerry Welch ♦Charming Soy Candles with Nichole Torres <i>BBQ Chicken-New Red Potatoes-Green Beans-Roll-Orange Sorbet</i></p>	<p>13 Wednesday ♦Mark Edmonds Talks about Campus Ministry ♦Hoyle Memorial Service ♦Jennifer Skinto & Dakota Discuss Job at Clay-Barnette <i>Spaghetti-Garlic Biscuit-Tossed Salad-Cherry Cheesecake</i></p>	<p>14 Thursday ♦Ray Sturgill Leads Devotions ♦Bingo Bonanza ♦Musical Inspiration with Dr. Sherlene Womack <i>We're cooking</i></p>	<p>15 Friday ♦Health Fair with Tamecia Davis, R.N. ♦Cooking with Eddie Sewell  ♦National Trivia Day <i>Chicken Salad-Potato Salad-Carrot/Raisin Salad-Saltines-Fruit Cocktail</i></p>
<p>18 Monday ♦Music with Mabel Hardin & Gay Jolley ♦Glenda Blanton Leads Bible Study ♦Northside Baptist Hosts Birthday Party <i>Chicken Fillet on Wheat-Potato Chips-Lettuce & Tomato-Dill Spear-Congeaed Fruit</i></p>	<p>19 Tuesday ♦Rock 'n' Roll with Jerry Pearson ♦Sunday School with Rev. Jerry Welch ♦Bingo Bonanza <i>We're cooking</i></p>	<p>20 Wednesday ♦Rev. Barry Miles Leads Worship ♦Play Cornhole ♦Singing with Henry & Becky Groves  <i>Ham & Cheese on Wheat-Potato Chips-Lettuce & Tomato-Congeaed Fruit</i></p>	<p>21 Thursday ♦Bethel Senior Choir Sings ♦Musical Inspiration with Dr. Sherlene Womack ♦LEC Talent Show <i>Turkey & Cheese on Wheat-Lettuce & Tomato-Chips-Pickle-Strawberry Pie</i></p>	<p>22 Friday ♦Devotions with Anthony Hugh ♦Cooking with Preston & Heather Bridges ♦Pajama Day - Wear Yours <i>Lasagna-Tossed Salad-Garlic Biscuit-Jello with Whipped Topping</i></p>
<p>25 Monday ♦Music with Mabel Hardin & Gay Jolley ♦Piano Favorites with Dr. Sherlene Womack ♦Play "Are You Smarter Than a Fifth Grader?" <i>Beef Tips-Whipped Potatoes-Gravy-Peas & Carrots-Roll-Lemon Sorbet</i></p>	<p>26 Tuesday ♦Clay Hastings Plays the Mandolin ♦Sunday School with Rev. Jerry Welch ♦Making Bracelets with Brenda Tesner <i>Fried/Baked Chicken-Green Beans-Macaroni & Cheese-Roll-Tropical Fruit</i></p>	<p>27 Wednesday ♦Participant Council Meeting ♦Quilt Painter Ron Callum Shares His Designs ♦Make Watermelon Fruit Basket <i>Baked Ham-Baked Sweet Potato-Limas-Roll-Angel Food Cake</i></p>	<p>28 Thursday ♦Bingo Bonanza ♦Musical Inspiration with Dr. Sherlene Womack ♦Reminisce Your Favorite Water Memories <i>Spinach Quiche-Tossed Salad-Brownie</i></p>	<p>29 Friday ♦Play Cornhole ♦Rev. Vernon Craig Leads Chapel ♦Bob Jensen Shares Police Training & Missions  <i>We're cooking</i></p>

Every day at LEC includes the following therapeutic activities: meaningful programs beginning at 5:30 a.m. and continuing until closing at 6 p.m.; mental & physical exercise; a chance to be creative; spiritual enrichment; reminiscing; socialization; entertainment; music; and laughter.

Neisler Center
by the Neisler Foundation
222 Kings Mountain Blvd.
Kings Mountain, NC
704 739-4858

July

Activity Highlights 2011



Dates to Remember!

July 4 - Life Enrichment Center is Closed July 4 in Celebration of Independence Day!

July 5 - Caregiver Support Meeting -
Laughter is Good Medicine with Laura Rudisill

July is **COLOR MONTH**: Each Friday we are wearing a different color.
Join us and have a little extra fun each Friday!!

1 Friday

AMERICA'S COLORS

- ▀ Ladies Group with Alma Adams
- ▀ Xbox 360 with Mike Littlejohn
- ▀ Baking with Victoria & Paris Beam
- ▀ Independence Party

Cheeseburgers-Tater Tots-Let/Tom-Coleslaw-Pickle-Vanilla Pudding

Life Enrichment will be **CLOSED** July 4th in Celebration of Independence Day!

5 Tuesday
▀ Encouraging Words with Robbie Stinson
▀ Chapel with Jerry Welch
▀ Seniors in Motion
▀ "Happy Hour" with The Wilsons
Pepperoni Pizza-Tossed Salad-Fruit

6 Wednesday
▀ Sunday School with Sunnyside Baptist Church
▀ Fruit Bingo
▀ Firecracker Cupcakes
▀ Masked Ranger Visits
We're Cooking Today!

7 Thursday
▀ Singing with Bethel Baptist Choir
▀ Health Fair
▀ Fun & Games with Deep Impact Mission Youth
Chicken Tenders-Scalloped Potatoes-Succotash-Roll-Fruit

8 Friday
ORANGE DAY!!
▀ Ladies Group with Alma Adams
▀ CRUSH Ministries
▀ Violin Music with Marissa Self
Stuffed Baked Potato with Chili & Cheese Sauce-Broccoli-Fruit

11 Monday
▀ Kaye Hartman & Chocolate Chip Show Off Convertible
▀ Do You Have A Photographic Memory?
Ham & Cheese Sandwich-Chips-Pickle-Fruit-Chocolate Pudding

12 Tuesday
▀ Name That Colorful Tune
▀ Chapel with Jerry Welch
▀ Seniors in Motion
▀ Last Straw Relay: Strengthening Lung Function
BBQ Chicken-New Potatoes-Green Beans-Roll-Fruit

13 Wednesday
▀ Participant Council Mtg.
▀ Pickin' & Grinnin' with Rodney, Mike, & Jimmy
▀ Health Fair
Spaghetti-Tossed Salad-Garlic Bread-Mixed Fruit

14 Thursday
▀ Singing with Jerry Pearson
▀ Chromo/Color Therapy
▀ Dulcimer Club
▀ Painting Class
Chicken Salad Sandwich-Potato Salad-Tom/Cuke Salad-Fruit

15 Friday
BLUE DAY!!
▀ Ladies Group with Alma Adams
▀ Walt Disney Bifolkals
▀ Making Subs with Amber Nanny from Subway
We're Cooking Today!

18 Monday
▀ Coffee Time with Chad Stout of Lily Bean Coffee
▀ Creating Mosaics
▀ Health Fair
▀ Men's Shave & Share
Chicken Sandwich-Chips-Pickle-Lettuce/Tomato/Onion-Fruit

19 Tuesday
▀ A Spoonful of Laughter
▀ Health Fair
▀ Chapel with Jerry Welch
▀ Seniors in Motion
▀ Storytime with Ann Gamble
We're Cooking Today!

20 Wednesday
▀ LEC's Court TV "You Be The Judge"
▀ Canadian Potato Treats
▀ In "Search" of Canada
▀ Gals Gossip Gab
Fried Fish-Baked Potato-Hushuppies-Coleslaw-Fruit

21 Thursday
▀ Starting the Day with Rev. Eddie Gray
▀ Survey Says...
Family Feud Game Time
▀ Dog Bingo
Turkey & Cheese Sandwich-Chips-Lettuce/Tomato-Fruit

22 Friday
RED DAY!!
▀ Ladies Group with Alma Adams
▀ Christmas In July (Santa's Elves Get Started)
▀ Reel to Reel Action
Lasagna-Tossed Salad-Garlic Bread-Fruit

25 Monday
▀ Sing and Share with God's Chosen Women and Wray Canipe
▀ Monthly Birthday Party Sponsored By: Pilot Club
▀ Color Personality Test
Meatloaf-Mashed Potatoes-Peas & Carrots-Tropical Fruit-Roll

26 Tuesday
▀ Golden Chorus
▀ Chapel with Jerry Welch
▀ Seniors in Motion
▀ Ice Cream Sundaes with Triple A's
Baked Chicken-Green Beans-Mac-n-Cheese-Fruit-Roll

27 Wednesday
▀ A Look Back at 1925
▀ Craft Time with Berryland Clubhouse
▀ Name That Color
▀ Book Club
Sliced Ham-Sweet Potatoes-Lima Beans-Fruit-Roll

28 Thursday
▀ Devotions with Anthony Hugh
▀ LEC's Jeopardy
▀ Norwegian Lights Bifolkals
▀ Making Kaleidoscopes
We're Cooking Today!

29 Friday
GREEN & JEAN DAY!!
▀ Ladies Group with Alma Adams
▀ Green Acres Marathon
▀ Health Fair
▀ RC & a Moonpie with Dianne Harrison
Stuffed Baked Potato with Chili & Cheese Sauce-Broccoli-Fruit

Thank you

Thank you to the following:

Evelyn Ribadeneyra - magazines
Grady Walker - magazines
Helen Borders - magazines
Parents Without Partners - cards
Marlene Peeler - bingo prizes
Becky Ledford - personal care items
Jim & Gail Niskala - therapy equipment
Janice & Carme Lee - cookies
Jean Lail - magazines
Phillis Robinson - magazines
Dot Hicks - magazines
Robin Hendrick - bingo prizes
Red & Purple Peppies Red Hat Society - miscellaneous items
Daphne Moses Cabiness - flowers
Beryl Elmore - cards
Nell & Ken Randall - food items
Geraldine Millen - personal care items
Louise Wright - ball caps
Shirley Walker - personal care items
Sandra Harris - puzzles, snacks
Brenda Biddix - magazines
Kristie Bearden - personal care items, bingo prizes
Linda Neely - personal care items
Dixon Presbyterian Love In Action - bingo prizes
Carol Patrick - personal care items
Olin Lanford - gospel CD
Karen Brackett - clorox stainfighter
John Camp - fresh vegetables



Thanks, community

People with many talents share their creativity with participants at Life Enrichment. Barbara and Lawrence welcome one of the Ivester sisters, who bring their comedy regularly.



Wish list

Neisler Center, Kings Mountain
 Auction Prizes ♦ Sandpaper ♦ Bingo Prizes

Shelby
 Digital Camera ♦ Treadmill ♦ Bingo Prizes
 Large Therapy Balls

Thank you, veterans

On Memorial Day, veterans at Life Enrichment Center were honored at a flag ceremony and then were given a certificate of appreciation. Homer Smith holds his certificate of appreciation.



Among the veterans honored at a flag ceremony on Memorial Day at LEC were Ace Richards, right top, and Farrell Ross, below right.





Pat arranges flowers donated by a recent bride.

Everything's coming up roses & hydrangeas & daisies



Franklin, who had eye surgery, places the arrangements.



Trisia makes arrangements for each dining table.

Are you caring for an adult? Do you need a vacation? Just a break?

Life Enrichment will be offering temporary, overnight respite in 2012

Life Enrichment Center Adult Day Care will soon become a pilot program offering overnight respite.

N.C. Sen. Debbie Clary introduced the legislation to authorize the Department of Health and Human Services to begin the program, which would offer 24-hour care in an adult day health service setting.

Life Enrichment is one of three sites chosen, in part because of its designation as both a national

model adult day center and the only teaching day center for recipients of a N.C. adult day care startup grant and because it was chosen as the N.C. Non-Profit Center's Stewardship Award for exemplary stewardship of resources.

According to the bill, the initial inspection of the pilot sites shall be accomplished by Jan. 1, 2012.

Thanks go to Sen. Clary and to Rep. Tim Moore, who sponsored the legislation in the House.

Board of Directors

Erin Crow, *President*
Brenda Lovelace, *Vice-President*
Denise Smith, *Secretary*
Kitty Hoyle, *Treasurer*
Gary Ritchie, *Vice-Treasurer*
Greg Blalock
Wade Carpenter
Newton Craver
Pearl Burris Floyd
Jennipher Harrill
Greg Kassing
Tom McNichol
Moises Miranda
David Pharr
Allen Putnam
Paula Ramsey
Phillis Robinson
Ernest Rome
Bob Smith
John Still
Chris Turner
John Turner

Advisory Board

Doug Petersen, *Chairman*
Monty Thornburg, *Secretary*
Mary Accor
Connie Allison
Flossie Bonner
Karen Brady
Glee Bridges
David Brinkley
Tom Brooks
Cecil Burton
Carl DeBrew
Phil Hager
Pat Hartsoe
Ronnie Hawkins
Jim Horn
Mark Hudson
Michael Johnson
Dr. Jane King
William Lawrence
Gene LeGrand
Dr. John McGill
Dr. Anthony Negbenebor
Ellis Noell
Brenda Page
Esther Muench Plonk
Mike Poage
Stella Putnam
Dr. Richard Rankin, Jr.
Jay Rhodes
Dr. Mike Ribadeneyra
Dave Rupperecht
J.T. Scruggs
Mason Venable
Oscar Zamora

Are you planning a vacation or family reunion that includes someone with dementia?

Call Life Enrichment for tips to make the trip or event more enjoyable for everyone.

Laughter is Good Medicine

with Laura Rudisill

Family Caregiver Meeting

Tuesday, July 5, 2011 5:30- 7 p.m.

Life Enrichment Center

222 Kings Mtn. Blvd., Kings Mountain

***A free sitter service is available for the adult diagnosed with dementia,
but a reservation is required by calling 704.739.4858***

Sharing the Joys & Frustrations of Caring for Someone with Dementia

Family Caregiver Meeting

Tuesday, July 19, 2011 5:30- 7 p.m.

Life Enrichment Center

110 Life Enrichment Blvd., Shelby

***A free sitter service is available for the adult diagnosed with dementia,
but a reservation is required by calling 704.484.0405 by July 12***

Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, North Carolina 28150
Address Service Requested

Non-Profit Organization
U.S. Postage
PAID
Charlotte, NC
Permit #3307

