



Life Enrichment Center

Adult Day Care and Health Service

704.484.0405 (Shelby) 704.739.4858 (Kings Mountain)

www.LifeEnrichmentCenter.org

December 2011

***Are you caring
for an adult?***

*Let us help make
your holiday errands easier*

*...and bring smiles
to the faces
of your loved ones*



*Ruth and Frank SHELL
and BREAK PECANS
FOR a PIE.*



*While you shop or wrap
packages, you can know
that your loved one is
safe, enjoying a good
meal, and having a good
time. It's a gift to give
yourself, but also, a gift
to your family member.*

Call today to schedule a **free** trial visit

704.739.4858 in Kings Mountain

704.484.0405 in Shelby

Life Enrichment Center - for more than 31 years doing "Whatever It Takes" to help families keep adult loved ones at home and in the community



Program Assistant Emily Littlejohn dances with Ralph during a rock 'n' roll program.

*"I like being here with you.
You help me do things."
-a participant at LEC*



Sandie Stroupe enjoys arranging flowers donated by Susan Patterson.



Above, Merline crumbles bread for a breakfast casserole. At left, Arnold enjoys a visit from a fine-feathered friend.



Gary & Crystal dance.



Ella Mae Ray shows off her flower arrangement.

Wanted:



A few good greeters



LEC staff member Marchelle Allen thanks volunteer greeter Bill LeGrand.

These volunteer greeters provide a warm smile and a friendly hello as people come in the front door at Life Enrichment Center in Shelby. We need more greeters. If you'd like a chance to brighten someone's day, please call 704.484.0405 to learn more.

Life Enrichment Supporters

Sponsors

Gary & Becca Harden



The J. Vance & Regina Crowder Suttle Foundation

In memory...

The following has been remembered by a gift to Life Enrichment:

Aleriene Burr on the occasion of her birthday by Vicki Samuels

In honor...

The following have been honored by a gift to Life Enrichment:

All LEC Employees by William & Frances Alexander

Thank you to those who have enhanced the lives of Life Enrichment families through their Caring Heart gifts to the 2011 annual appeal. Previous contributors were listed in other newsletters.



Bronze

Tom & Lisa McNichol



Other

**Rona & Rob Henry
Robert & Becky Scism**

Looking for the perfect gift? Give to help others.

Memorials, Honoraria, and Gifts

I want to support the work of the Life Enrichment Center...

By becoming a:

- Friend \$25-\$100
- Supporter \$101-\$500
- Sponsor \$501-\$1,000
- Patron \$1,001-\$2,500
- Benefactor \$2,501-\$4,999
- Major Benefactor \$5,000 +

Make checks payable to:

Life Enrichment Center
110 Life Enrichment Blvd., Shelby, NC 28150

You can also use your credit card.

Visa/ MC (Circle one)



Card No. _____ Expiration Date _____

Amount _____ Signature _____

Name _____

Address _____

City _____ State _____ Zip _____

In memory of _____

In honor of _____

Send a notice to: _____

Address _____

City _____ State _____ Zip _____

December

Activity Highlights 2011



Dates to remember
Life Enrichment will be closed
 Monday, Dec. 26
 Tuesday, Dec. 27
 Monday, Jan. 2, 2012
 Monday, Jan. 16, 2012

<p>5 Monday</p> <ul style="list-style-type: none"> ♦ Music with Mabel Hardin & Gay Jolley ♦ Piano Favorites with Dr. Sherlene Womack ♦ Practice Tone Chimes <p><i>Chicken Fillet on Wheat-Lettuce & Tomato-Dill Pickle-Potato Chips-Carrot Raisin Salad-Congeaed Fruit</i></p>	<p>6 Tuesday</p> <ul style="list-style-type: none"> ♦ Pathways Puppets Christmas Show ♦ Sunday School with Rev. Jerry Welch ♦ Making Christmas Ornaments with Cathy Crawford ♦ Making Chocolate-Covered Peanuts with Joy Hastings & Friends <p><i>Beef Stew-Whipped Potatoes-Fried Zucchini-Roll-Tropical Fruit</i></p>	<p>7 Wednesday</p> <ul style="list-style-type: none"> ♦ Skits with Adventure House Players ♦ Christmas Memories with Priscilla Walker ♦ Practice Christmas Pageant with Judy & Linda ♦ Practice Tone Chimes <p><i>We're cooking</i></p>	<p>1 Thursday</p> <ul style="list-style-type: none"> ♦ Martha Fortenberry & Friends ♦ Edna Alexander Leads Bible Study ♦ Musical Inspiration with Dr. Sherlene Womack <i>We're cooking</i> 	<p>2 Friday</p> <ul style="list-style-type: none"> ♦ Rev. Charles Rudisill Leads Devotions ♦ Pet Therapy with Gretchen ♦ Pajama Day - Wear Your Favorite <i>Chili Beans-Cheese-Saltines-Coleslaw-Fruit Cocktail</i>
<p>12 Monday</p> <ul style="list-style-type: none"> ♦ Music with Mabel Hardin & Gay Jolley ♦ Piano Favorites with Dr. Sherlene Womack ♦ Practice Tone Chimes <p><i>Ham on Wheat-Potato Chips-Lettuce & Tomato-Pork 'n' Beans-Congeaed Fruit</i></p>	<p>13 Tuesday</p> <ul style="list-style-type: none"> ♦ Faith Baptist Church ♦ Sunday School with Rev. Jerry Welch ♦ Practice Christmas Pageant with Judy & Linda <p><i>Fried/Baked Chicken-Green Beans-Macaroni & Cheese-Roll-Tropical Fruit</i></p>	<p>14 Wednesday</p> <p>You're invited... to the annual <i>Christmas Pageant</i> 2 p.m.</p> <p><i>Ham-Baked Sweet Potato-Broccoli/Cheese Sauce-Roll-Angel Food Cake</i></p>	<p>8 Thursday</p> <ul style="list-style-type: none"> ♦ Ray Sturgill Leads Devotions ♦ Edna Alexander Leads Bible Study ♦ Musical Inspiration with Dr. Sherlene Womack ♦ Painting Christmas Ornaments with Cathy Crawford <p><i>Turkey & Cheese on Wheat-Vegetable Sticks-Lettuce & Tomato-Chocolate Pudding</i></p>	<p>9 Friday</p> <ul style="list-style-type: none"> ♦ Caroling with Mrs. Lutz' First Graders from Jefferson Elementary ♦ Cake Decorating with Neeka Odom's Bakery-Manager of Ingles ♦ Play "Are You Smarter Than a Fifth Grader?" <i>Lasagna-Tossed Salad-Garlic Biscuit-Pears/Cheese</i>
<p>19 Monday</p> <ul style="list-style-type: none"> ♦ Music with Mabel Hardin & Gay Jolley ♦ Glenda Blanton Leads Bible Study ♦ Ellis Chapel Ladies Ministry Hosts Birthday Party <p><i>Pintos-Harvard Beets-Cooked Cabbage-Fried Okra-Onion-Biscuit-Applesauce</i></p>	<p>20 Tuesday</p> <ul style="list-style-type: none"> ♦ Karaoke with Jerry Pearson ♦ Sunday School with Rev. Jerry Welch ♦ Bill Ellis, "Bo Bo," the Clown <p><i>We're cooking</i></p>	<p>21 Wednesday</p> <ul style="list-style-type: none"> ♦ Singing Carols with Higher Learning Day Care ♦ Chapel with Rev. Barry Miles ♦ Crossroads Rescue Mission <p><i>Tomato Soup-Saltines-Tuna Salad on Wheat-Vegetable Sticks-Blushed Pear</i></p>	<p>15 Thursday</p> <ul style="list-style-type: none"> ♦ Bethel Senior Choir ♦ Edna Alexander Leads Bible Study ♦ Musical Inspiration with Dr. Sherlene Womack ♦ Singing with Linda Robinson & Clyde <p><i>Country-Style Steak-Whipped Potatoes-Gravy-California Blend Vegetables-Roll-Peach</i></p>	<p>16 Friday</p> <ul style="list-style-type: none"> ♦ Making Strawberry Bread with Dena Vess ♦ Mr. & Mrs. Claus Visit ♦ Christmas Bingo <p><i>Loaded Baked Potato: Chili-Cheese Sauce-Bacon-Sour Cream-Broccoli -Yogurt</i></p>
<p>26 Monday</p> 	<p>27 Tuesday</p>	<p>28 Wednesday</p> <ul style="list-style-type: none"> ♦ Participant Council Meeting ♦ Rev. Josh Hunt Leads Worship ♦ Piano Recital by Jacqueline Moore & Friends <p><i>Spaghetti-Garlic Biscuit-Tossed Salad-Butterscotch Pudding</i></p>	<p>22 Thursday</p> <ul style="list-style-type: none"> ♦ Baking Cookies with Rebekah ♦ Edna Alexander Leads Bible Study ♦ Musical Inspiration with Dr. Sherlene Womack ♦ Christmas Celebration with Judy & Mildred <p><i>Chicken Tenders-Scalloped Potatoes-Succotash-Coconut Cake</i></p>	<p>23 Friday</p> <ul style="list-style-type: none"> ♦ Men Play Dulcimers ♦ Christmas with Judy & Linda ♦ Celebrate Christmas with Ashley & Karma <p><i>Cheeseburger on Wheat-Lettuce & Tomato-Tater Gems-Coleslaw-Vanilla Pudding</i></p>
<p>26 Monday</p>		<p>27 Tuesday</p>	<p>29 Thursday</p> <ul style="list-style-type: none"> ♦ Sonya Wishes LEC a Happy New Year ♦ Edna Alexander Leads Bible Study ♦ Musical Inspiration with Dr. Sherlene Womack <p><i>Fried Bologna & Cheese on Wheat-Pickled Beets-Pasta Salad-Dill Pickle-Orange Sherbet</i></p>	<p>30 Friday</p> <ul style="list-style-type: none"> ♦ Make New Year's Resolutions ♦ Rev. Vernon Craig Leads Devotions ♦ Tina Edmonds Demonstrates "Cold Laser" <p><i>We're cooking New Year's Lunch</i></p>

Every day at Life Enrichment includes the following therapeutic activities: meaningful programs beginning at 5:30 a.m. and continuing until closing at 6 p.m.; mental & physical exercise; a chance to be creative; spiritual enrichment; reminiscing; socialization; entertainment; music; and laughter.

DECEMBER

Activity Highlights

2011

DATES TO REMEMBER:

There is no Caregiver Support Meeting in December
May you and your family have a very Merry Christmas!

Please Notice Our Holiday Closings:
Closed Monday, Dec. 26 and Tuesday, Dec. 27 for Christmas
Closed Monday, Jan. 2, for New Year's

<p>DATES TO REMEMBER:</p> <p>*There is no Caregiver Support Meeting in December* May you and your family have a very Merry Christmas!</p> <p>Please Notice Our Holiday Closings: Closed Monday, Dec. 26 and Tuesday, Dec. 27 for Christmas Closed Monday, Jan. 2, for New Year's</p>			<p>1 Thursday</p> <ul style="list-style-type: none"> ▀ Singing with Bethel Baptist Choir ▀ Craft Circle: Candy Cane Ornaments ▀ Christmas Bingo ▀ Play Practice <p><i>Bologna Sandwich-Beets-Pickle-Fruit</i></p>	<p>2 Friday</p> <ul style="list-style-type: none"> ▀ Praise with Alma Adams ▀ Making Shoeboxes For Samaritan's Purse w/ Mr. & Mrs. Claus ▀ Health Fair <p><i>Chili Beans Soup-Coleslaw-Fruit-Combread</i></p>	
			<p>5 Monday</p> <ul style="list-style-type: none"> ▀ Rev. Charles Rudisill Shares Inspiration ▀ Silver Stars Line Dancing ▀ Higher Learning Childcare of Shelby Visits <p><i>Chicken Salad-Rolls-Fruit-Carrot/Raisin Salad</i></p>	<p>6 Tuesday</p> <ul style="list-style-type: none"> ▀ Trains, Trains, Trains ▀ Chapel with Jerry Welch ▀ Creating Poinsettia Centerpieces ▀ Play Practice <p><i>Beef Stew-Mashed Potatoes-Zucchini-Fruit-Rolls</i></p>	<p>7 Wednesday</p> <ul style="list-style-type: none"> ▀ Sunday School with Sunnyside Baptist Church ▀ Holiday Planters with Carol Thompson ▀ Remembering Pearl Harbor <p><i>Baked Fish-Baked Potato-Vegetables-Fruit</i></p>
<p>12 Monday</p> <ul style="list-style-type: none"> ▀ The Patrick Senior Center Chorus ▀ Scripture Reading with Rev. Brooks ▀ Christmas Bingo <p><i>Ham/Cheese Sandwich-Pork & Beans-Pickle-Fruit</i></p>	<p>13 Tuesday</p> <ul style="list-style-type: none"> ▀ Carolina Care Singers ▀ Participant Council Meeting ▀ Chapel with Jerry Welch ▀ Guitar Music with Dianna Miller <p><i>Chicken-Green Beans-Pasta-Rolls-Fruit</i></p>	<p>14 Wednesday</p> <ul style="list-style-type: none"> ▀ Adventure House Productions ▀ Inspirations with Chinetta Maddox ▀ Health Fair ▀ Holiday Jeopardy <p><i>We're Cooking Today!</i></p>	<p>15 Thursday</p> <ul style="list-style-type: none"> ▀ Starting the Day with Rev. Eddie Gray ▀ Health & Wellness Holiday Survival ▀ Name That Song ▀ Stories with Ann Gamble <p><i>Country-Style Steak-Potatoes & Gravy-Veggie Medley-Rolls-Fruit</i></p>	<p>16 Friday</p> <ul style="list-style-type: none"> ▀ Praise with Alma Adams ▀ Santa Shop with Health Occupation Students ▀ Singing Sounds of the Season <p><i>Stuffed Baked Potato w/ Cheese & Chili-Broccoli-Fruit</i></p>	
<p>19 Monday</p> <ul style="list-style-type: none"> ▀ Child's Play Bifolkals ▀ Christmas Crafts with Jewel Peppers ▀ Holiday Scavenger Hunt ▀ Health Fair <p><i>Pinto Beans-Fried Okra-Cabbage-Combread</i></p>	<p>20 Tuesday</p> <ul style="list-style-type: none"> ▀ Pathways Puppets Show ▀ Chapel with Jerry Welch ▀ Christmas Bingo ▀ Pageant Rehearsal <p><i>We're Cooking Today!</i></p>	<p>21 Wednesday</p> <ul style="list-style-type: none"> ▀ Holiday Photo Reminiscing <p>Life Enrichment's Annual Christmas Pageant *Join us at 2 p.m. for The Celebration*</p> <p><i>Tuna Salad-Saltine Crackers-Fruit</i></p>	<p>22 Thursday</p> <ul style="list-style-type: none"> ▀ Share & Care with Anthony Hughs ▀ Who Am I? ▀ Dance Magic ▀ Singing with Skylar <p><i>Baked Chicken-Potatoes-Succotash-Roll-Fruit</i></p>	<p>23 Friday</p> <ul style="list-style-type: none"> ▀ Christmas Gifts with Santa Claus ▀ Praise with Alma Adams ▀ Diving Lessons from Aquatic Pleasures ▀ A Visit with the Starlings ▀ Christmas Goodies <p><i>Swedish Meatballs-Pasta-Roll-Fruit</i></p>	
<p>We Will Be Closed Monday and Tuesday, December 26 and 27!</p>			<p>28 Wednesday</p> <ul style="list-style-type: none"> ▀ Rhythms of Sound with Brandi Barker and Jennifer Jimsim ▀ Created To Praise Dance Academy Performs <p><i>Spaghetti-Tossed Salad-Garlic Toast-Fruit</i></p>	<p>29 Thursday</p> <ul style="list-style-type: none"> ▀ Creative Story Telling with TimeSlips ▀ Tone Chime Choir ▀ BINGO!! ▀ Health Fair <p><i>Bologna Sandwich-Beets-Pickle-Fruit</i></p>	<p>30 Friday</p> <ul style="list-style-type: none"> ▀ Praise with Alma Adams ▀ Making Our New Year's Resolutions Remembering Last Year's Resolutions <p>NEW YEAR'S EVE CELEBRATION!!</p> <p><i>We're Cooking Today!</i></p>

MERRY CHRISTMAS

Thank you

Thank you to the following:

Anne Klein - flowers
Barbara Baughman - magazines
Doug Cabiness - cabbage
Karen Costner - blankets
Jim & Gail Niskala - puzzles, games
Terry Brown - magazines
Vickie Wyatt Sunday School Class, Elizabeth Baptist Church - cards
Pilot Club - cards, bingo prizes
Ann Deaton - jewelry
Sue Breen - bingo prizes, jewelry
Carol Kelly - bingo prizes
Gene LeGrand - magazines
Erma Bucher - magazines
Linnie Crawford - produce
Dena Vess - magazines
Helen Hawkins - magazines
Teresa Johnson - bingo prizes
Jane Greenwood - magazines
Amanda Hibberts - Christmas decorations
Grace Houston - glasses
Sybile Wilson - magazines
Lynn Spangler - muffin tins
Healthy at Home - personal care supplies
Lib Revels - magazines
Ken & Nell Randall - food items
Alphonsene Brown - standing mixer
Sandie Stroupe - magazines & cookbook
Cindy Spencer - magazines
Charlie Putnam - magazines
John & Leslie Gordan - personal care items
Karla Stamey - magazines
Patti Crews - magazines
Karla Drennan of Timms Furniture - fabric swatches
Terry Dorn - personal care items

Wish list

Neisler Center, Kings Mountain
IPAD 2•Rhythm Instruments•Bowling Ramp

Shelby
Manicure Table with Foot Stand•Christmas Ornaments•Electric
Griddle•Folding Hand Trucks•Small Radio/CD Player•
27-inch Wall-mounting Television



Thanks volunteers who provide stimulating and fun programs - Marie Smith sports an intricate flower which was painted for her when "Turn The Other Cheek" visited.



Thanks for the many gifts - Sandie Stroupe, Belle Shepherd, and Jane Brumback break green beans donated by friends of LEC.

Closing Schedule

Life Enrichment will be closed the following days for holiday observances:

Dec. 26 & 27 - Christmas
Jan. 2, 2012 - New Year's
Jan. 16, 2012 - King Holiday

Bad weather notice

Announcements of closings due to bad weather will be made on LEC's telephone answering machine: 704.484.0405 in Shelby, 704.739.4858 in Kings Mountain; on Cable Channel 33; and WBTV.

WrestleMania at Life Enrichment Center



Richie Scruggs set up a wrestling ring in the garden of Life Enrichment Center in Kings Mountain so that the participants could see wrestling firsthand. Above, Matt Anderson holds a championship belt for Mark Howard. At left, Michelle Wright, who loves to watch wrestling on TV, holds a belt for Tim Hunter. Michelle led the cheering during the matches.

Board of Directors

- Erin Crow, *President*
- Brenda Lovelace, *Vice-President*
- Denise Smith, *Secretary*
- Kitty Hoyle, *Treasurer*
- Gary Ritchie, *Vice-Treasurer*
- Greg Blalock
- Wade Carpenter
- Newton Craver
- Pearl Burris Floyd
- Jennipher Harrill
- Greg Kassing
- Tom McNichol
- Moises Miranda
- David Pharr
- Allen Putnam
- Paula Ramsey
- Phillis Robinson
- Ernest Rome
- Bob Smith
- John Still
- Chris Turner
- John Turner

Advisory Board

- Doug Petersen, *Chairman*
- Monty Thornburg, *Secretary*
- Mary Accor
- Connie Allison
- Flossie Bonner
- Karen Brady
- Glee Bridges
- David Brinkley
- Tom Brooks
- Cecil Burton
- Carl DeBrew
- Phil Hager
- Pat Hartsoe
- Ronnie Hawkins
- Jim Horn
- Mark Hudson
- Michael Johnson
- Dr. Jane King
- William Lawrence
- Gene LeGrand
- Dr. John McGill
- Dr. Anthony Negbenebor
- Ellis Noell
- Brenda Page
- Esther Muench Plonk
- Mike Poage
- Stella Putnam
- Dr. Richard Rankin, Jr.
- Jay Rhodes
- Dr. Mike Ribadeneyra
- Dave Rupperecht
- J.T. Scruggs
- Mason Venable
- Oscar Zamora

Saluting veterans



A member of the Marine Corps League presents a certificate to...



Frank Heredos



Robert Surratt



Roscoe Patterson

Chief Petty Officer Jason Christopher thanks Charles McCraw, wearing his original uniform, on Veterans Day. Jason is the brother of LEC staff member Katie Hohn and the nephew of participant John Earl Smith.

Coupon

One free trial visit

Coupon

*at Life Enrichment Center Adult Day Care
may be redeemed at either the Kings Mountain or Shelby location
to be taken weekdays between 10 a.m. and 1:30 p.m. by appointment only
Call 704.739.4858 in Kings Mountain or 704.484.0405 in Shelby*

This is for adults who have never been enrolled or done a trial visit before.

Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, North Carolina 28150
Address Service Requested

Non-Profit Organization
U.S. Postage
PAID
Charlotte, NC
Permit #3307

