



Life Enrichment Center

Adult Day Care & Health Service

704.739.4858 (Kings Mountain) 704.484.0405 (Shelby)

www.LifeEnrichmentCenter.org

July 2023

At LEC, Dreams Really Do Come True!



At Life Enrichment, your loved one will benefit from meaningful programs, quality health care, and opportunities for socialization.

***Call
Today!***



Adult Day Program

Shelby 704.484.0405

Kings Mountain 704.739.4858

For 42 years doing "Whatever It Takes" to help families keep adult loved ones at home and in the community. Life Enrichment Center is designated a national model among adult day cares across the country.

"A Cinderella Story"

One of the most anticipated programs at Life Enrichment is the LEC Prom. This year, the Shelby participants chose "A Cinderella Story" as a theme. Everyone pitched in to help with decorations, song selections, & refreshments. Participants enjoyed music, dancing, laughter, & carriage rides.



(Left) Participants Denise, Regina, Mozelle, Ginger, & Charlene. (Bottom) Participants Zach, Heather, June, & Lisa.



Prom King & Queen, Ann & Spencer



Prom King & Queen, Mozelle & Steven

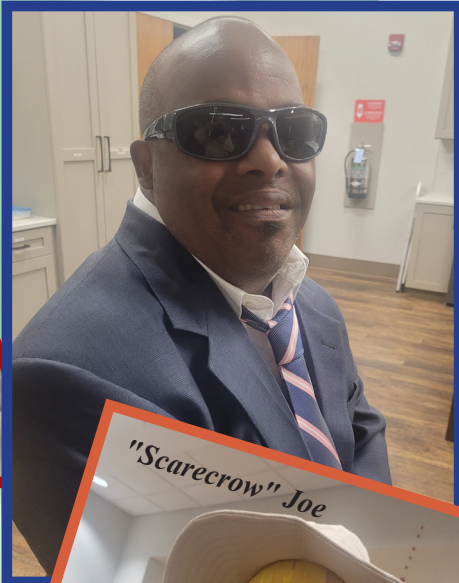


(Left) Music filled the air as participants danced the afternoon away. (Right) Participants enjoy a ride in the princess carriage courtesy of Mr. Charles Stroud.

Bryan as the "Tin Man"



Stevie shows off his favorite suit.



Melissa as "Dorothy"



"Scarecrow" Tommy



"Scarecrow" Joe



Neisler Center Participants did not dissappoint at this years "Wizard Of Oz" themed Prom.

Lions, tigers, & bears along with Dorothy, Tinman, and even a few Scarecrows danced the afternoon away. The Wizard himself made an appearance on the dance floor and everyone had a great time!

Emerald City



The Wizard of Oz himself, Jack.

Lisa as the "Cowardly Lion" with her good friend E'Sheika.



"Somewhere Over The Rainbow"



<p>3 Monday</p> <ul style="list-style-type: none"> ♦Virtual Fireworks Display ♦History Of Independence Day ♦Patriotic Sing-a-Long  <p>Baked Chicken-Red Beans-Spinach-Roll-Peaches</p>	<p>4 Tuesday</p>  <p>CLOSED</p>	<p>5 Wednesday</p> <ul style="list-style-type: none"> ♦How To Make Apple Turnovers ♦Writing Our Kings Mountain Pen Pals <p>Health Fair</p> <p>Taco Spaghetti-Garden Salad-Breadstick-Pears</p>	<p>6 Thursday</p> <ul style="list-style-type: none"> ♦National Fried Chicken Day ♦Tai Chi ♦History Of Colonel Sanders  <p>Turkey Sub w/Lettuce & Tomato-Baked Chips-Mandarin Oranges</p>	<p>7 Friday</p> <ul style="list-style-type: none"> ♦LEC Price Is Right ♦"Name That Tune" Summertime Edition  <p>Baked Ham-Macaroni & Cheese-Broccoli-Roll-Pineapple</p>
<p>10 Monday</p> <ul style="list-style-type: none"> ♦National "Pick Blueberries Day" ♦Blueberry Bingo ♦Scarf Exercise  <p>Smoked Sausage-Peppers & Onions-Black Eyed Peas-Roll- Fruit Cocktail</p>	<p>11 Tuesday</p> <ul style="list-style-type: none"> ♦Music With Tom Woods & Friends ♦How To Make Blueberry Muffins ♦LEC Putt-Putt  <p>Grilled Cheese Sandwich-Tomato Basil Soup-Applesauce</p>	<p>12 Wednesday</p> <ul style="list-style-type: none"> ♦"Cranium Crunches" Word Puzzles ♦Let's Plan The Perfect Vacation ♦Devotion With Blessed Coverings <p>Beef Stroganoff-Garden Salad-Garlic Toast-Pears</p>	<p>13 Thursday</p> <ul style="list-style-type: none"> ♦Virtual Barber Shop Quartet Concert ♦Parachute Fun  <p>Cheeseburger w/Lettuce & Tomato-Baked Fries-Mandarin Oranges</p>	<p>14 Friday</p> <ul style="list-style-type: none"> ♦LEC Auction ♦"Let's Make A Deal" ♦Tai Chi <p>Health Fair</p> <p>Chicken Nachos w/Lettuce & Sour Cream-Black Beans-Peaches</p>
<p>17 Monday</p> <ul style="list-style-type: none"> ♦Participant Council Meeting ♦National Peach Ice Cream Day ♦Upper Body Exercise <p>LEC Monthly Birthday Party</p> <p>Hamburger Casserole-Garden Salad-Roll-Fruit Cocktail</p>	<p>18 Tuesday</p> <ul style="list-style-type: none"> ♦Virtual Vacation Destinations Around The World ♦"Are You Smarter Than A Fifth Grader?" ♦Chair Zumba <p>Chicken Salad Croissant w/Lettuce & Tomato-Baked Fries-Mandarin Oranges</p>	<p>19 Wednesday</p> <ul style="list-style-type: none"> ♦"Who Am I?" Trivia ♦LEC Cornhole ♦Facts About The Food Pyramid  <p>Pulled Pork Sliders-Coleslaw-Baked Beans-Pears</p>	<p>20 Thursday</p> <ul style="list-style-type: none"> ♦History Of The Tootsie Roll Pop ♦Spa Day ♦National Ice Cream Float Day <p>Pot Roast-Mashed Potatoes-Peas-Roll-Pineapple</p>	<p>21 Friday</p> <ul style="list-style-type: none"> ♦Creative Writing: Short Story Edition ♦Baseball Trivia ♦LEC Dance Party  <p>Baked Chicken-Caesar Pasta Salad-Garlic Bread-Applesauce</p>
<p>24 Monday</p> <ul style="list-style-type: none"> ♦"Make Me Laugh" National Joke Day ♦Chair Yoga ♦Painting To Music  <p>Fish Sandwich-Coleslaw-Baked Fries-Peaches</p>	<p>25 Tuesday</p> <ul style="list-style-type: none"> ♦Karaoke Competition ♦Wheelchair Races ♦"A Penny's Worth Of Candy" ♦Music With The McCurry Band & Friends <p>Chicken Tenders-Mashed Potatoes-Green Beans-Roll-Mandarin Oranges</p>	<p>26 Wednesday</p> <ul style="list-style-type: none"> ♦Junk Drawer Detective ♦"Trash Bag" Fashion Show ♦Balloon Volley  <p>Meatloaf-Scalloped Potatoes-Lima Beans-Roll-Pineapple</p>	<p>27 Thursday</p> <ul style="list-style-type: none"> ♦Bingo Bonanza ♦Making "Greeting Card" Bookmarks <p>Health Fair</p> <p>Chili Dog-Coleslaw-Tater Tots-Fruit Cocktail</p>	<p>28 Friday</p> <ul style="list-style-type: none"> ♦National Chocolate Day ♦How To Make Homemade Fudge ♦"Name That Candy Bar"  <p>Lasagna-Garden Salad-Breadstick-Applesauce</p>
<p>31 Monday</p> <ul style="list-style-type: none"> ♦Watermelon Seed Spitting Contest ♦"Back To School" Reminiscing  <p>Chicken Sandwich-Vegetable Pasta Salad-Peaches</p>	<p>Dressed to impress! LEC PROM 2023</p>  <p>Mary Wesley with Mom, Pamela Valoree Willie CJ</p>			



July

Neisler Center
by the Neisler Foundation
222 Kings Mountain Blvd.
Kings Mountain, NC 28086
704-739-4858

KINGS MOUNTAIN ACTIVITY HIGHLIGHTS

<p>3 Monday</p>  <p>Baked Chicken-Red Beans-Spinach-Roll-Peaches</p>	<p>4 Tuesday</p>  <p>CLOSED</p>	<p>5 Wednesday</p> <ul style="list-style-type: none"> ♦ "Taste Test" Food Trivia ♦ Bean Bag Baseball ♦ How To Make Red Velvet Cupcakes  <p>Taco Spaghetti-Garden Salad-Breadstick-Pears</p>	<p>6 Thursday</p> <ul style="list-style-type: none"> ♦ "Cranium Crunches" Word Games ♦ "Armchair Travel" To Key West ♦ 4th Of July Junk Drawer Detective <p>Turkey Sub w/Lettuce & Tomato-Baked Fries-Mandarin Oranges</p>	<p>7 Friday</p> <ul style="list-style-type: none"> ♦ Summertime Arts & Crafts ♦ Rock & Roll Day ♦ LEC Dance Party  <p>Baked Ham-Macaroni & Cheese-Broccoli-Roll-Pineapple</p>
<p>10 Monday</p> <ul style="list-style-type: none"> ♦ Wacky Word Games ♦ Participant Council Meeting ♦ "Red, White, & Blue" Scavenger Hunt  <p>Smoked Sausage-Peppers & Onions-Black Eyed Peas-Roll- Fruit Cocktail</p>	<p>11 Tuesday</p> <ul style="list-style-type: none"> ♦ Arts & Crafts: Noodle Stamps ♦ Parachute Fun ♦ History Of The Major League All Star Game  <p>Grilled Cheese Sandwich-Tomato Basil Soup-Applesauce</p>	<p>12 Wednesday</p> <ul style="list-style-type: none"> ♦ How To Make A "No Bake" Key Lime Pie ♦ Chair Yoga ♦ Gametime: "50 Over or Under"  <p>Beef Stroganoff-Garden Salad-Garlic Toast-Pears</p>	<p>13 Thursday</p> <ul style="list-style-type: none"> ♦ Amazing Animals Of The Florida Keys ♦ Plate Exercise  <p>Cheeseburger w/Lettuce & Tomato-Baked Fries-Mandarin Oranges</p>	<p>14 Friday</p> <ul style="list-style-type: none"> ♦ Bingo Bonanza: Florida Edition ♦ "Maple Leaf Toss" Exercise ♦ Making A Breezy Keys Windchime  <p>Chicken Nachos w/Lettuce & Sour Cream-Black Beans-Peaches</p>
<p>17 Monday</p> <ul style="list-style-type: none"> ♦ "Fun Facts About Food" Trivia ♦ Seated Soccer Exercise ♦ "Down At The Old Fishing Hole" Reminiscing  <p>Hamburger Casserole-Garden Salad-Roll-Fruit Cocktail</p>	<p>18 Tuesday</p> <ul style="list-style-type: none"> ♦ Canada Day Word Games ♦ Indoor Volleyball Game ♦ "Picture This" Activity Connection Video  <p>Chicken Salad Croissant w/Lettuce & Tomato-Baked Fries-Mandarin Oranges</p>	<p>19 Wednesday</p> <ul style="list-style-type: none"> ♦ LEC Price Is Right ♦ Balloon Volley ♦ Virtual Travel To The Florida Keys  <p>Pulled Pork Sliders-Coleslaw-Baked Beans-Pears</p>	<p>20 Thursday</p> <ul style="list-style-type: none"> ♦ How To Make A Scarecrow ♦ Chair Zumba ♦ LEC Jeopardy <p>Health Fair</p> <p>Pot Roast-Mashed Potatoes-Pears-Roll-Pineapple</p>	<p>21 Friday</p> <ul style="list-style-type: none"> ♦ "World News" Current Events ♦ Scarf Exercise <p>LEC Monthly Birthday Party</p> <p>Baked Chicken-Caesar Pasta Salad-Garlic Bread-Applesauce</p>
<p>24 Monday</p> <ul style="list-style-type: none"> ♦ Summertime Collages ♦ Musical Instrument Exercise ♦ Celebrating Vanilla Ice Cream Day With Candi, Nora, & Natalie Dreibelbis <p>Fish Sandwich-Coleslaw-Baked Fries-Peaches</p>	<p>25 Tuesday</p> <ul style="list-style-type: none"> ♦ LEC Family Feud ♦ Upper Body Exercises ♦ Art & Music: "Let The Music Guide You"  <p>Chicken Tenders-Mashed Potatoes-Green Beans-Roll-Mandarin Oranges</p>	<p>26 Wednesday</p> <ul style="list-style-type: none"> ♦ "All About Science" Quiz ♦ "Walk Across America" Exercise ♦ "Guess The Emoji"  <p>Meatloaf-Scalloped Potatoes-Lima Beans-Roll-Pineapple</p>	<p>27 Thursday</p> <ul style="list-style-type: none"> ♦ "Back To The 60's" Sing-a-Long ♦ LEC Cornhole ♦ Bottle Top Artwork  <p>Chili Dog-Coleslaw-Tater Tots-Fruit Cocktail</p>	<p>28 Friday</p> <ul style="list-style-type: none"> ♦ All About Ernest Hemingway ♦ LEC Bowling ♦ "Hemingway" Happy Hour  <p>Lasagna-Garden Salad-Breadstick-Applesauce</p>
<p>31 Monday</p> <ul style="list-style-type: none"> ♦ Musical Bingo ♦ Indoor Kickball ♦ Making Bookmarks <p>Health Fair</p> <p>Chicken Sandwich-Vegetable Pasta Salad-Peaches</p>	<p>Jonathan Rhodes - First Aid Supplies</p> <p>Sue O'Leary - Greeting Cards & Bingo Prizes</p> <p>Lucy Rossini - Sweet Treats</p> <p>Johnny Willis - Bingo Prizes</p> 			

A Day On The Lake!



The Cleveland Masonic Lodge #202 held its 3rd Annual Bass Tournament on May 06, 2023. Over 60 dedicated fisherman gathered at Moss Lake's main landing to raise money that would benefit non-profits. Life Enrichment was chosen to be one of the recipients.

Below, lodge members present staff with a \$5,000.00 check. With sincere gratitude, we would like to thank everyone who made this years tournament a huge success!



In Memory...

The following have been remembered with a gift to
Life Enrichment Center:

Richard English

Janie Barnett

by
Judy Scism

Michelle Wright

by
Wayne & Drissia Wright

Friends...

The following have given a gift to
Life Enrichment Center:

Christine Hinson

East Coast VW



Participants were so excited when presented
with the proceeds check from the 3rd Annual
Cleveland Masonic Lodge #202
Bass Tournament.



Looking for an opportunity to help others? Please Give!

Memorials, Honorariums, and Gifts

I want to support the work of the Life Enrichment Center...

By becoming a:

- Friend \$25-\$100
- Supporter \$101-\$500
- Sponsor \$501-\$1,000
- Patron \$1,001-\$2,500
- Benefactor \$2,501-\$4,999
- Major Benefactor \$5,000 +

Make checks payable to:

Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, NC 28150

Name _____

Address _____

City _____ State _____ Zip _____

In memory of _____

In honor of _____

Send a notice to: _____

Address _____

City _____ State _____ Zip _____

You can also use your credit card, please call Patti at 704.484.0405 or fill out the following:

Visa/ MC (Circle one)



Card No. _____ Expiration Date _____

Amount _____ Signature _____

Security Code _____

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Life Enrichment Center
110 Life Enrichment Blvd.
Shelby, North Carolina 28150

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Important Announcements:

Important announcements will be made through the "One Call Now" service, our Facebook page, and on WBTV television. Should it be necessary to close early, caregivers will be notified by telephone.



Participants enjoyed sparkling grape juice as they painted a variety of pictures during the LEC Paint & Sip program.

